



MANLY FREEZERS PTY LTD

(ABN 37 000 581 420)

**60 BALGOWLAH ROAD
BALGOWLAH NSW 2093**



**Telephone 9949 8822 Fax 9949 8900
Mon - Fri 9am to 4.45pm Sat 9am to 12 noon.**

PARTY PRICE LIST

EFTPOS now available - minimum \$30.00 (1% surcharge for use)

Orders are not placed on Saturdays or 1 day before pick-up

You may come in on the day and pick your own order from shop

| HEAT & SERVE | approx. | |
|---|--------------------|-------------------|
| | <small>Qty</small> | <small>\$</small> |
| * Spinach Triangles | 12 | 5.10 doz |
| * Bulk Triangles - Spinach | 120 | 44.90 box |
| * Pastizzi: Curried Beef | 12 | 6.90 doz |
| * Pastizzi: Ricotta & Spinach | 12 | 6.05 doz |
| * Oven Samosas - Lentil & Vegetable or Chicken Madras | 50 | 19.95 box |
| * Variety Party Pies (Curry Chick & Veg/Pepper/Lamb & Rosemary) | 72 | 47.24 box |
| * Party Pies | 72 | 40.26 box |
| * Party Pies | 12 | 6.90 doz |
| * Party Sausage Rolls | 72 | 28.05 box |
| Meatballs Chargrilled | 60 | 10.15 kg |
| Meatballs Swedish | 60 | 10.90 kg |
| Falafels | 50 | 15.15 kg |
| Crumbed Calamari Rings | 50 | 13.60 kg |
| Thai Fish Cakes | 40 | 16.00 kg |
| Ovenable Spring Rolls | 40 | 12.00 box |
| Prawn or Vegetable Gyoza (Steam) | 40 | 13.90 kg |
| Mini Pork Buns | 12 | 6.90 pkt |
| Pork Dumplings with Chives (Steam) | 50 | 10.80 kg |
| Salt & Pepper Squid | 35 | 14.90 kg |
| Fish Cocktails | 40 | 9.60 kg |
| Mini Dim Sims (Beef or Chicken) | 60 | 10.20 kg |
| Spicy Wedges (Seasoned) | 2 kg | 8.00 bag |
| Vegetable Curry Puffs | 50 | 19.95 box |
| CHICKEN - Nuggets premium (breast) | 50 | 12.50 kg |
| - Devil Chicken Chippies | 90 | 13.30 kg |
| - Chicken Tenders - Sweet Chilli | 18 | 15.00 kg |
| - Wing Dings/ Devil Wing Dings | 15 | 13.00 kg |
| - Wing Things (honey Satay) | 20 | 12.40 kg |
| - Chicken Wedges | 30 | 12.50 kg |
| - Chicken Goujons | 50 | 13.00 kg |

***Indicates prices including GST**

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| Heat & Serve continued | | |
|--|------------|------------|
| | Qty | \$ |
| * MINI PIZZA - Supreme, Ham & Pineapple, & Vegetable | 72 | 59.68 box |
| * LASAGNE - Beef or Veg | 2.3 kg | 16.50 tray |
| MINI QUICHE | | |
| * Chicken & Pesto, Smokey BBQ & Cheese, Spinach & Mushroom | 72 | 57.81 box |
| GRETWARD | | |
| * Quiche Lorraine or Florentine | 24 | 11.90 pkt |
| * Thai Chicken Pie | 12 | 8.90 pkt |
| * Satay Chicken Pie | 12 | 8.90 pkt |
| * Lamb & Rosemary Pies | 12 | 8.90 pkt |
| * Potato Mini Pie | 12 | 10.80 pkt |
| * Mini Beef Party Pies | 24 | 11.90 pkt |
| * Mini Pizza - Supreme or Ham & Pineapple | 12 | 9.00 pkt |
| * Risotto Balls - Bacon/Mushroom & Aboria Rice | 24 | 14.30 pkt |
| * Party Sausage Rolls | 24 | 11.00 pkt |
| | | |
| PATTIES VARIETY PIES | 72 | 47.24 box |
| * 24 Curry Chicken & Veg, 24 Pepper Steak, 24 Lamb & Rosemary | | |
| | | |
| PATTIES GOURMET PARTY PIES & ROLLS (COCKTAIL) | | |
| * King Island Beef Party Pies | 24 | 16.25 pkt |
| * Moroccan Lamb Party Pies | 24 | 16.25 pkt |
| * Chicken & Leek Party Pies | 24 | 16.25 pkt |
| * Spinach & Ricotta Mini Rolls | 24 | 14.20 pkt |
| | | |
| GLUTEN FREE | | |
| Vegie Bites or Curried Pumpkin Bites | 20 | 5.70 pkt |
| Lentil Burgers | 4 | 7.20 pkt |
| Lentil Bites | 20 | 5.70 pkt |
| * Marshmallows | 125gm | 2.20 pkt |
| * Corn Chips | 500gm | 3.80 pkt |
| ***We also carry a large range of Dry Goods in pasta, cake mix crumbs, crispbread, biscuits and sauces** | | |
| | | |
| DEEP FRY | | |
| BREADED - Prawn Cutlets | 2 kg | 28.00 box |
| Tempura Prawns(Garlic) | 1kg | 20.00 bag |
| Mini Spring Rolls | 96 | 11.20 box |
| Samosas | 96 | 11.20 box |
| Money Bags | 80 | 12.50 box |
| Prawn Parcels | 40 | 15.00 box |
| Prawn Cones | 38 | 15.50 box |

BBQ (also see seafood)

| | | |
|--|--------|-----------|
| SAUSAGES Pre-Cooked (Must be ordered at least 2 days prior) | | 8.50 kg |
| Rindless Bacon | 5kg | 48.00 box |
| Fresh Sliced Onions 2.5kg bags (Ordered 2 days prior) | | 4.20 kg |
| Frozen Sliced Onions | 1.5 kg | 6.80 bag |
| KEBABS COCKTAIL CHICKEN - SATAY (FROZEN) (Allow approx 3 days for defrosting) | 56 | 50.00 box |
| Jumbo Beef Burgers | 18 | 18.10 bag |

SEAFOOD

| | | |
|---|-----|----------|
| Sliced and Smoked "A" Grade Salmon | | 40.50 kg |
| Sliced Smoked Frozen Salmon | | 30.00 kg |
| Fresh Prawns | | 18.00 kg |
| PRAWNS -Green Prawn Cutlets (Cleaned Tail On) | | |
| 16/20 - marinated | 1kg | 25.00 kg |
| 21/25 - marinated | 1kg | 24.00 kg |
| 26/30 - marinated | 1kg | 23.00 kg |
| 31/40 (tail off) - marinated | 1kg | 24.00 kg |

SMALL GOODS

| | | |
|---|-------|-----------|
| Eggs | 1 Doz | 3.50 doz |
| Rindless Bacon | 5kg | 48.00 box |
| (HAMS MUST BE ORDERED 4 DAYS PRIOR TO PICK-UP) | | |
| Leg Hams Whole | | 9.00 kg |
| Leg Hams Half | | 9.00 kg |
| Sausages (See BBQ heading) | | |

DRY GOODS

| | | |
|---------------------------|-------|----------|
| * Mixed Nuts | 1 kg | 13.50 kg |
| * Cashews | 1 kg | 17.90 kg |
| * Peanuts/unsalted/salted | 1 kg | 7.90 kg |
| Canape Cups (60 gm) | 20 | 3.50 pkt |
| Corn Chips | 500gm | 3.80 pkt |

CHEESE

| | | |
|---------------------------|------|-----------|
| Cubed Cheese | 2 kg | 23.00 bag |
| Shredded Cheese | 2 kg | 16.00 bag |
| Brie (Weights will vary) | 1 kg | 22.00 kg |
| Camembert | 125g | 3.50 ea |
| Blue Vein | 100g | 3.50 ea |
| Castello - Blue and white | 125g | 6.50 ea |

Other assorted cheeses available in store.

DIPS

Variety of dips available

SAUCES

| | Qty | \$ |
|-------------------------|------------|-----------|
| Tomato Sauce | 4 Litre | 8.25 ea |
| Tomato Sauce | 920 ml | 4.90 ea |
| BBQ Sauce | 4 litre | 10.80 ea |
| BBQ Sauce | 920 ml | 4.90 ea |
| Sweet Chilli Sauce | 5 Litre | 11.35 ea |
| Sweet Chilli Sauce | 730 ml | 3.50 ea |
| Masterfoods Satay Sauce | 2.7 Ltr | 20.40 ea |
| Sakims Sweet & Sour | 1.9 Ltr | 14.10 ea |
| Salsa Sauce | 2 Lit | 11.70 ea |

FROZEN FRUIT

| | | |
|-----------------------------|------|-----------|
| Blackberries | 1 kg | 7.50 bag |
| Blueberries | 2 kg | 17.00 bag |
| Boysenberries | 1 kg | 9.00 bag |
| Mango Cheeks | 1 kg | 10.20 bag |
| Raspberries | 1 kg | 9.50 bag |
| Strawberries | 1 kg | 7.50 bag |
| Pineapple Pieces | 1 kg | 9.50 bag |
| Berry Combo - Mixed Berries | 1 kg | 9.90 bag |

DESSERTS

| | | |
|---|-------|------------|
| * I & J Slab Cakes - Tiramisu | 28 | 32.70 ea |
| * Chocolate Eclairs - Custard | 12 | 5.40 pkt |
| * Chocolate Eclairs - Custard | 45 | 18.60 box |
| * Chocolate Dipped Cream Puffs | 32 | 13.50 box |
| * Cream Puffs - Vanilla Centre | 90 | 22.80 bag |
| * Vanilla Cream Puffs | 20 | 6.20 pkt |
| * Mini Assort. Belgian Pastries | 20 | 9.95 box |
| * Mini Assort. Belgian Pastries | 55 | 29.50 box |
| * Mini Vanilla Slice | 16 | 7.30 box |
| * Sara Lee Slab Cakes - Carrot | 28 | 32.30 ea |
| * Sara Lee Slab Cakes: Banana, Chocolate or Orange | 28 | 27.00 ea |
| * Sara Lee Slab Cake - White Chocolate & Raspberry | 28 | 28.50 ea |
| * Sara Lee 1/2 Slab Cheese Cake - Peach & Mango, French Cream, Strawberry | | 20.80 ea |
| * Sara Lee Petite Cakes - Banana Caramel/Carrot/Triple Choc. | 30 | 25.20 tray |
| * Sara Lee Petite Muffins | 20 | 12.40 tray |
| * Slab Plain Vanilla or Chocolate Cake (No Icing) | 28 | 23.50 ea |
| * Apple Strudel | | 22.00 ea |
| * Bravo - Mini Gelato Cones | 12 | 12.30 box |
| * Lemon or Mango Sorbet | 1lt | 8.90 ea |
| * MIXED LOLLIES/JELLY BEANS/MIXED FROGS | | |
| * FRECKLES/SNAKES/LICORICE ALLSORTS/HARD JUBES/ | | |
| * RASPBERRIES OR STRAWBERRIES & CREAM | 1kg | 8.80 kg |
| * SOUR WORMS | 1kg | 10.50 kg |
| * BANANAS | 250gm | 3.00 pkt |
| * DARK CHOCOLATE BULLETS | 1kg | 12.20 kg |

ICE CREAM CAKES

| | | |
|---|-------|----------|
| * Round Speckled (Vanilla) Serves 16 | 250mm | 17.20 ea |
| Also available (Must be ordered - allow 7 days) | | |
| Gel Image eg Sponge Bob, Simpsons | | |
| * Characters eg Wiggles - Sporting eg NRL Logos, Soccer | | |
| Numeric eg 18th, 21st, 50th | | |
| Occasion eg Engagement, Christening - Festive eg Christmas, Easter | | |
| GO TO:- www.icecreamfactory.com.auto view and order | | |

MISCELLANEOUS ITEMS

| | | |
|---|--------|------------|
| * Plastic Forks, Spoons or Teaspoons | 100 | 2.50 pkt |
| * Wooden Forks, Knives or Forks | 100 | 8.70 pkt |
| * Plastic Dinner Plates 230 mm Round | 50 | 5.70 pkt |
| * Plastic Desserts Plates 180 mm Round | 50 | 4.70 pkt |
| * Plastic Oval Plates 230mm x 270mm | 50 | 7.90 pkt |
| * Plastic Bowls 180mm Round | 50 | 5.50 pkt |
| * Frill 7cm Tooth Picks | 1000 | 7.10 pkt |
| * Double Pointed Tooth Picks | 1000 | 2.40 pkt |
| * Large Black Foam Platters | | .90 ea |
| * Dinner Napkins - White | 50 | 3.70 pkt |
| * Dinner Napkins - Red or Black | 50 | 5.20 pkt |
| * Napkins White 1 Ply | 500 | 6.00 pkt |
| * Cocktail Napkins | 200 | 3.90 pkt |
| * Noodle Boxes 26 oz | 25 | 8.20 pkt |
| * Noodle Boxes 16 oz | 25 | 6.80 pkt |
| * Noodle Boxes 8 oz | 25 | 5.50 pkt |
| * Clear Plastic Cups 200ml | 50 | 2.50 pkt |
| * Gloves Disposable - Large, Medium or Small | 100 | 5.95 pkt |
| * Clingwrap 600m x 33cm | | 17.40 ea |
| * Foil 150 m x 44 cm | | 20.13 ea |
| * World Famous Red Party Cup 532ml | 20 | 4.50 pkt |
| * Silver Rimmed - Champagne Flutes,Wine Goblets, Tumblers | 12 | 6.50 pkt |
| * Champagne Flutes, Wine Goblets, Cocktail Glasses | 10 | 4.50 pkt |
| * 285 ml. Plastic Cups | 50 | 3.90 pkt |
| * 425 ml. Plastic Cups | 50 | 4.80 pkt |
| * Short Stem Wine Goblets (185 ml) | 10 | 2.80 pkt |
| * 37ml Shot Glasses | 125 | 4.90 pkt |
| * Foil Trays | | .90 ea |
| * Doyleys - 4" | 250 | 1.90 pkt |
| * Doyleys - 8" | 250 | 4.60 pkt |
| * Doyleys - 10.5" | 250 | 7.30 pkt |
| * Doyleys - 12" Oval | 250 | 11.00 pkt |
| Plastic Rectangle Table Cloth(various colours) | | 2.50 ea |
| * Paper Table Cloth White - 30 metres | 30 mtr | 19.80 roll |
| BIODEGRADABLE PLATES | | |
| * Round Plates 7" | 50 | 6.80 pkg |
| * Round Plates 9" | 25 | 5.00 pkt |
| * Large Oval Plates | 25 | 8.50 pkt |

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GOURMET FRESH SALADS

****MUST BE ORDERED AT LEAST TWO WORKING DAYS(MON/FRI)
IN ADVANCE *****

PASTA/NOODLE SALAD

| | | |
|---|--------|----------|
| Creamy Noodles | 2.5 kg | 15.95 ea |
| Pesto Pasta | 2.5 kg | 20.80 ea |
| GF - Thai Beef Noodles | 2.5 kg | 28.80 ea |
| Chicken Basil Penne | 2.5 kg | 22.45 ea |
| Fettucine Basil In Mayo | 2.5 kg | 20.80 ea |
| Glass Noodles with Asian Vegetables (serve HOT or COLD) | 2.5 kg | 23.75 ea |
| Singapore Noodles | 2.5kg | 22.10 ea |

QUINOA SALADS

| | | |
|---------------------------------|--------|----------|
| GF - Coconut & Coriander Quinoa | 2.5 kg | 25.20 ea |
| GF - Greek Quinoa Salad | 2.5 kg | 23.80 ea |
| GF - Red Quinoa with Tomato | 2.5kg | 24.05 ea |

TOSSED SALADS

| | | |
|---|-----|----------|
| GF - Garden (Dry) | 1kg | 13.70 ea |
| Caesar Salad (DRY) | 2kg | 22.10 ea |
| Greek Salad (Dry) | 2kg | 24.20 ea |
| Dressing separate (Caesar \$3.65 & Garden & Greek \$2.50) | | |

COLESLAW SALADS

| | | |
|-----------------------------|-------|----------|
| GF - Coleslaw (Dry) | 2kg | 10.70 ea |
| Coleslaw (Blend) | 2.5kg | 13.85 ea |
| GF - Corn & Corriander Slaw | 2.5kg | 13.30 ea |

POTATO SALADS

| | | |
|--------------------------------------|--------|----------|
| Australian Potato | 2.5kg | 14.30 ea |
| GF - Creamy German Potato | 2.5kg | 16.90 ea |
| Potato, Bacon and Egg | 2.5kg | 17.90 ea |
| GF - Baby Potato in Basil Mayonnaise | 2.5 kg | 24.05 ea |

COUSCOUS SALADS

| | | |
|------------------------|-------|----------|
| Moroccan | 2.5kg | 17.60 ea |
| Pumpkin | 2.5kg | 23.40 ea |
| Preserved Lemon & Herb | 2.5kg | 20.30 ea |

RICE SALADS

| | | |
|---------------------------------------|-------|----------|
| Black Rice with Coconut & Cranberry | 2.5kg | 24.05 ea |
| GF - Persian Rice Salad | 2.5kg | 25.25 ea |
| GF - Black Rice with Corn & Coriander | 2.5kg | 23.40ea |

SEAFOOD SALAD

| | | |
|---------|-------|----------|
| Seafood | 2.5kg | 30.60 ea |
|---------|-------|----------|

VEGETABLE SALADS

| | | |
|---------------------------------------|-------|----------|
| Tabouleh (Blend) | 2.5kg | 28.30 ea |
| Tabouleh (Dry) Dressing pack separate | 2.5kg | 28.30 ea |
| Waldorf | 2.5kg | 28.60 ea |
| GF - Bean Medley | 2.5kg | 20.60 ea |
| GF - Beetroot, Spinach & Feta | 2.5kg | 31.20 ea |

LENTIL/CHICKPEA SALADS

| | | |
|--|-------|----------|
| GF - Lentil with Roast Pumpkin (serve HOT or COLD) | 2.5kg | 23.40 ea |
| Chick Pea with Roast Pumpkin (serve HOT or COLD) | 2.5kg | 20.50 ea |
| Lebanese Lentil Salad | 2.5kg | 16.30 ea |

FRUIT SALAD

| | | |
|---|------|----------|
| FRUIT SALAD (seasonal fruit- Hand Cut) Tray | 2 kg | 21.10 ea |
|---|------|----------|

FRESH SLICED ONIONS - 2.5 KG BAGS 4.40 kg

GF - NO GLUTEN ADDED

GOURMET SALAD INGREDIENTS

CREAMY NOODLE - Elbow pasta, capsicum, celery, onion, shallots, carrot & creamy sweet mayonnaise.

PESTO PASTA - Spiral pasta, slivered almonds, pesto, herbs, cheese, tomato, French dressing, salt & pepper

THAI BEEF NOODLE - Vermicelli noodles, Thai Beef, cucumber, carrot, cabbage, capsicum, onion, fish sauce garlic, ginger, mustard, sesame seeds & lemongrass marinade. GLUTEN FREE

CHICKEN BASIL PENNE - Pasta, mayonnaise, Chicken Breast Strips, celery, parsley, basil, sundried tomato, parmesan cheese, lemon juice, garlic, pepper

FETTUCINE BASIL IN MAYO - Fettucine, mayonnaise, capsicum, almonds, shallots, basil, canola oil, parmesan, parsley, salt, vinegar, lemon juice, garlic, pepper

GLASS NOODLES W ASIAN VEGETABLES - Vermicelli Noodles, Asian Vegetables, fresh Herbs in Sesame Oil Dressing

SINGAPORE NOODLES - Hokkien Noodles, Carrot, capsicum, onions, shallots, soy sauce, chilli, vinegar, sesame paste

COCONUT & CORIANDER QUINOA - Quinoa, Carrot, Coconut, Almonds, Capsicum Celery & Coriander in Coriander Dressing GF

GREEK QUINOA SALAD - Black Quinoa, onion, tomato, fetta, olives, parsley, garlic, vinegar, mustard GF

RED QUINOA W TOMATO - Red Quinoa, Tomatos, Parsley, Spanish Onion, Sundried Tomato Dressing GF

GARDEN SALAD - Assortment of lettuce, tomato, capsicum, cucumber, carrot & onion.

GREEK SALAD - Cherries, tomato, cucumber, capsicum, celery, spanish onion, olives, dill,oregano, fetta

CAESAR SALAD DRY - Lettuce, Parmesan, bacon, croutons, herb garlic seasoning.

COLESLAW - Cabbage, carrot, capsicum & parsley.

COLESLAW BLEND - As above with coleslaw mayonnaise.

CORN & CORIANDER SLAW - Cabbage, corn, carrot, celery, red cabbage, coriander, capsicum, mustard, honey, garlic, lemon juice, lime juice GLUTEN FREE

AUSTRALIAN POTATO - Potato diced, parsley, shallots, salt, pepper, mustard, full egg & basic mayonnaise

CREAMY GERMAN POTATO - Sliced pontiac potato, celery, shallots, bacon, salt, pepper, mustard, full egg mayonnaise GF

POTATO, BACON & EGG - Potato diced, egg, bacon, parsley, onion, salt, pepper & full egg mayonnaise.

BABY POTATO IN BASIL MAYONNAISE -Baby potato, almonds, red capsicum, salt, pepper & basil mayo GF

MOROCCAN COUSCOUS - Cous cous, chickpea, cucumber, onion, red capsicum, green capsicum, celery, shallots, continental parsley and garlic dressing.

PUMPKIN & COUSCOUS - Pumpkin, couscous, red capsicum, shallots & mint dressing.

PRESERVED LEMON HERB COUSCOUS - Couscous, preserved lemon, shallots, parsley, coriander, almonds, pepitas, mint, garlic, pepper, mustard

BLACK RICE COCONUT/CRANBERRY - Black Rice, capsicum, coconut, pepitas, cranberries, parsley, shallots, garlic, honey dark soy sauce, black bean sauce, hoisin sauce

PERSIAN RICE - Basmati rice, wild rice, onion, raisins, pinenuts, almonds, celery, carrot, spices, garlic GF

BLACK RICE CORN CORIANDER - Black rice, corn, tomato, shallots, parsley, vinegar GF

SEAFOOD SALAD - Seafood (seafood extender, crabsticks, prawns),full egg mayonnaise, celery & parsley.

TABBOULEH Blend - Parsley, shallots, tomato, onion, cucumber, brughal, salt,pepper, oil & lemon juice.
TABBOULEH Dry - As above (Dressing packed separately).

WALDORF - Apples, celery, walnuts, sultanas, mayonnaise & sour cream.

BEAN MEDLEY - Haricot, red kidney, 3 Bean, soy beans, turtle beans, celery, carrot, capsicum, onion, corn, shallots & parsley in a garlic dressing GF

BEETROOT SPINACH FETTA - Cooked Beetroot, onion, fetta, spinach, balsamic vinegar, dressing, GF

LENTILS WITH ROAST PUMPKIN - Lentils,roast pumpkin,spanish onion & coriander in balsamic dressing GF

CHICKPEA WITH ROAST PUMPKIN - Chickpeas, roast pumpkin, celery, capsicum & shallots in a sesame oil dressing.

LEBANESE LENTIL - Lentils, couscous, chickpeas, tomato, onion, parsley, garlic, mustard, shallots, dressing

FRUIT SALAD - Honeydew melon, Rockmelon, Watermelon, Grapes & Pineapple